



An-Lac

*Japanische, Vietnamesische Küche
& Sushi Bar*

Schleißheimer Str. 69

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Website: <http://www.An-Lac.de>

We accept cooking orders for parties or events.

Version 2.6 - Valid from 01.12.2025

Menu

Appetizers

01 Peking-Soup (homemade)

sweet and sour with chicken, eggs, vegetables ⁵€ 6,90

03 Glasnudeln- Soup (homemade)

with chicken, vegetables ⁵€ 6,90

04 Gemüse- Soup (homemade)

with vegetables, glass noodles⁵€ 6,90

11 Tôm chiên

Baked king prawns (3 pieces) with sweet sour/chilli sauce ^A.....€ 9,90

12 Nem chay

Vegetarian spring rolls (6 pieces) with chili sauce ^F.....€ 7,90

13 Nem thịt

Spring roll (4 pcs.) minced meat, salad with sauce € 9,90

17 Edamame
green soybeans, sea salt€ 6,90

18 Yakitori
Grilled chicken skewers (3 pieces), salad in teriyaki sauce.....€ 9,90

19a Ebi Gyoza
fried shrimp dumplings (4 pieces), sesame
in teriyaki sauce.....€ 8,90

Main course

Bún (Rice noodles)

32 Bún nem thịt
Rice noodles, minced meat spring roll (3 pieces), salad, mint, peanuts,
fried onions with sauce ^{DE}€ 19,90

Phở (Rice noodles Soup)

41 Phở Bò
Rice noodles, beef, mint, coriander,
spring onions, homemade broth€ 21,90

42 Phở Gà
Rice noodles, chicken, mint, coriander,
spring onions, homemade broth€ 21,90

43 Phở đậu phụ
Rice noodles, tofu, mint, coriander,
spring onions, homemade broth ^F€ 21,90

Ramen (Japanese noodle soup)

51 Tonkotsu Ramen
Ramen, pork, egg, spring onions, pak seaweed ^{A,C,8}€ 21,90

Cơm gà (Chicken with rice)

61 Gà Curry

fried chicken with vegetables in

Thai red curry coconut milk (spicy)€ 18,90

62 Gà Saté sốt lạc

fried chicken with vegetables in peanut sauce ^E...€ 18,90

63 Gà Sốt Hoisin

fried chicken, lemongrass with vegetables

in hoisin sauce ^{FN}€ 18,90

65 Gà Giòn sốt lạc

crispy chicken with vegetables in peanut sauce ^E€ 19,90

66 Gà Giòn sốt Hoisin

crispy chicken with vegetables in hoisin sauce ^{FN}€ 19,90

67 Gà xào sả ớt

fried chicken, rice with lemongrass, chili,

vegetables (very spicy) ^{FN}€ 19,90

Cơm cá (Salmon with rice)

71 Cá hồi Cury

fried salmon with vegetables

in Thai red curry coconut milk (spicy)€ 23,90

72 Cá hồi sốt lạc

fried salmon with vegetables in peanut sauce ^{E7}€ 23,90

74 Cá hồi sốt hoisin

fried salmon with vegetables in hoisin sauce ^{FN}€ 23,90

Cơm tôm (Shrimp with rice)

81 Tôm Cury

fried shrimps with vegetables

in Thai red curry coconut milk (spicy)€ 23,90

82 Tôm sốt lạc
fried shrimp with vegetables in peanut sauce ^{E7}€ 23,90

83 Tôm sốt Hoisin
fried shrimp, lemongrass with vegetables in hoisin sauce ^{FN}€ 23,90

84 Tôm sả ớt
fried shrimp with lemongrass, chili, vegetables (very spicy) ^{FN}€ 23,90

Cơm bò (Beef with rice)

91 Bò Curry
fried beef with vegetables in Thai red curry coconut milk (spicy) ⁷€ 19,90

92 Bò Saté sốt lạc
fried beef with vegetables in peanut sauce ^{E7}€ 19,90

93 Bò sốt Hoisin
fried beef with vegetables in Hoisin-Sauce ^{FN}€ 19,90

94 Bò sả ớt
fried beef with lemongrass, chili, vegetables (very spicy) ^{FN}€ 19,90

Cơm Vịt (Duck with rice)

101 Vịt Curry
crispy duck with vegetables in
Thai yellow curry coconut milk (spicy)€ 21,90

102 Vịt Saté sốt đậu
crispy duck with vegetables in peanut sauce ^{E7}€ 21,90

103 Vịt sốt Hoisin
crispy duck with vegetables in hoisin sauce ^{FN}€ 21,90

Cơm chiên (Fried rice)

111 Cơm chiên gà
Fried chicken, rice with vegetables ^{CDF}€ 19,90

112 Cơm chiên bò
Fried beef, rice with vegetables ^{CDF}€ 19,90

113 Cơm chiên tôm

Fried shrimp, rice with vegetables ^{CDF}€ 23,90

115 Cơm chiên trứng

Fried eggs, rice with vegetables ^{CDF}€ 19,90

Phở xào (Fried rice noodles)

121 Phở xào tôm

Fried shrimps, rice noodles, lemongrass with salad, herbs,
peanuts and fried onions in sauce ^{DF}€ 23,90

123 Phở xào gà

Fried chicken, rice noodles, lemongrass with salad, herbs,
peanuts and fried onions in sauce ^{DF}€ 22,90

124 Phở xào bò

Fried beef, rice noodles, lemongrass with salad, herbs,
peanuts and fried onions in sauce ^{DF}€ 22,90

125 Phở xào đậu

Fried tofu, rice noodles, lemongrass with salad, herbs,
peanuts and fried onions in sauce ^{DF}€ 21,90

Cơm đậu (Tofu with rice)

141 Đậu Curry (vegetarian)

fried tofu with vegetables
in Thai red curry coconut milk (spicy)€ 16,90

142 Đậu Saté sốt lạc (vegetarian)

fried tofu with vegetables in peanut sauce ^E€ 16,90

143 Đậu Sốt Hoisin (vegetarian)

fried tofu, lemongrass with vegetables in hoisin sauce ^{FN}€ 16,90

144 Đậu Sốt chua ngọt (vegetarian)
fried tofu, lemongrass with vegetables in sweet and sour sauce ^F€ 16,90

145 Đậu Sả ớt (vegetarian)
fried tofu, lemongrass, chili with vegetables (very spicy) ^F€ 19,90

Mì xào (Fried noodles)

151 Mì xào Vịt
crispy duck with fried noodles, vegetables ^{CDF}€ 23,90

152 Mì xào Gà Giòn
crispy chicken with fried noodles, vegetables ^{CDF}€ 23,90

153 Mì xào Gà
fried chicken with fried noodles, vegetables ^{CDF}€ 21,90

154 Mì xào Bò
fried beef with fried noodles, vegetables ^{CDF}€ 22,90

155 Mì xào Trứng
fried noodles with eggs, vegetables ^{CDF}€ 20,90

Additional side dish : (fix price)

B1. With Extra rice+ € 2,50

B2. With Extra Duck.....+ € 10,00

B3. With Extra Crispy Chicken+ € 9,00

B4. With Extra Fish.....+ € 10,00

B5. With Extra Soße.....+ € 3,00

B6. With Extra vegetables.....+ € 2,00

B7. With Extra Beef.....+ € 10,00

B8. With Extra Chicken.....+ € 7,00

B9. With Extra Tofu.....+ € 7,00

Desserts

(Fix Price)

D12 Chuối chiên với cốt dừa

baked banana with coconut milk and honey€ 7,90

D14 Coconus-/ Matcha- / raspberry -

chocolate-/ Mango-Mochi (2 pcs.).....€ 5,90

D15 Ice cream (Mango / Sesam) (2 pcs.).....€ 5,90

Zusatzstoffe:

- 1 = Antioxidationsmittel
- 2 = Chinin u. Chininsalze
- 3 = Diphosphate
- 4 = Farbstoff
- 5 = Geschmacksverstärker
- 6 = Koffein
- 7 = Konservierungsstoffe
- 8 = Lebensmittelfarbe
- 9 = Nitritpökelsalz
- 10 = Säureregulator
- 11 = Schwefeldioxid/Sulfite
- 12 = Stabilisatoren
- 13 = Süßungsmittel
- 14 = Tartrazin
- 15 = Taurin
- 16 = Wachse
- 17 = Xanthan

Allergene:

- A - Glutenhaltiges Getreide
- B - Mit Krebstieren und Krebstiererzeugnissen
- C - Mit Eiern und daraus gewonnenen Erzeugnissen
- D - Mit Fisch und Fischerzeugnissen
- E - Mit Erdnüssen, Erdnusserzeugnissen
- F - Mit Sojabohnen, Sojaerzeugnissen
- G - Milch, Milchprodukte einschließlich Lactose
- H - Schalenfrüchte
- I - Mit Sellerie und Sellerieerzeugnissen
- J - Mit Senf und Senferzeugnissen
- K - Mit Sesamsamen und Sesamerzeugnissen
- L - Mit Schwefeldioxid und Sulfite
- M - Mit Lupinen
- N - Weichtiere und daraus gewonnenen Erzeugnissen

Additives:

- 1 = Antioxidants
- 2 = Quinine and quinine salts
- 3 = Diphosphates
- 4 = Colorants
- 5 = Flavor enhancers
- 6 = Caffeine
- 7 = Preservatives
- 8 = Food coloring
- 9 = Nitrite curing salt
- 10 = Acidity regulator
- 11 = Sulfur dioxide/sulfites
- 12 = Stabilizers
- 13 = Sweeteners
- 14 = Tartrazine
- 15 = Taurine
- 16 = Waxes
- 17 = Xanthan

Allergens:

- A - Cereals containing gluten
- B - With crustaceans and crustacean products
- C - With eggs and products derived from them
- D - With fish and fish products
- E - With peanuts, peanut products
- F - With soybeans, soy products
- G - Milk, milk products including lactose
- H - Nuts
- I - With celery and celery products
- J - With mustard and mustard products
- K - With sesame seeds and sesame products
- L - With sulphur oxide and sulphites
- M - With lupins
- N - Molluscs and products derived from them

Diese Speisekarte ist gültig ab 12.2025

Durch Erscheinung dieser Speisekarte verlieren alle alte Speisekarten ihre Gültigkeit.

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